



Sharrow Community Kitchen

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Social Enterprise

Cultural Kitchen : Exchange Language

Background & Context

The Issue

Vision & Aims

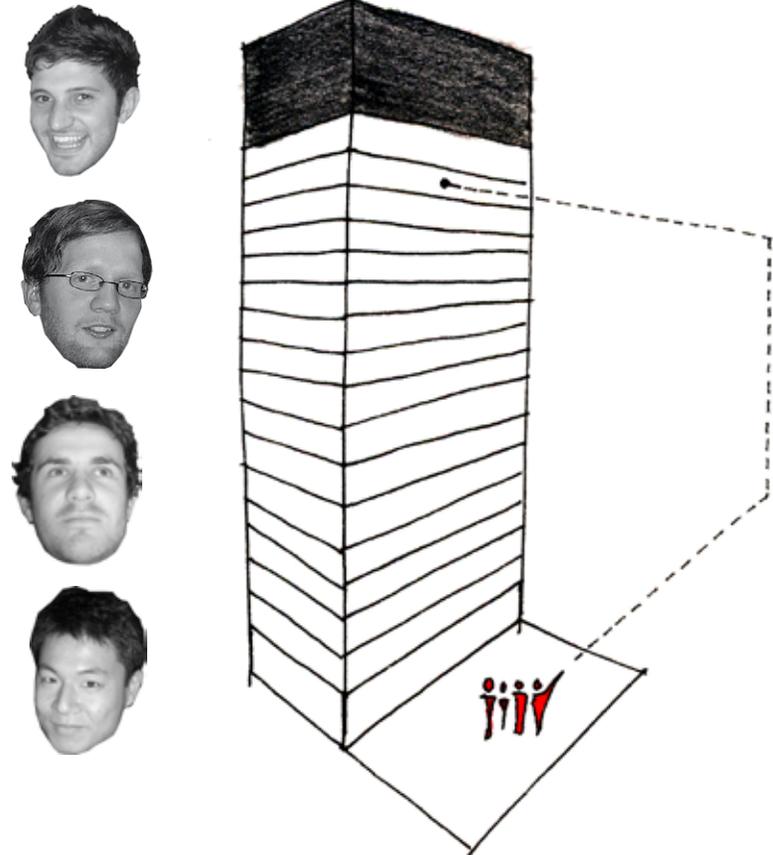
Methodology

Feasibility / Budget

Precedents

Who we are.

We are a group of four students studying a Masters in Architecture at the University of Sheffield that share a common social awareness and sustainable agenda. Collectively, we have amounted over nine years of professional experience in an array of architectural practices throughout the UK and abroad. Each of us has also benefitted from previous involvement in community activates, most recently the Sheffield University "Live-projects" based in and around Sheffield.



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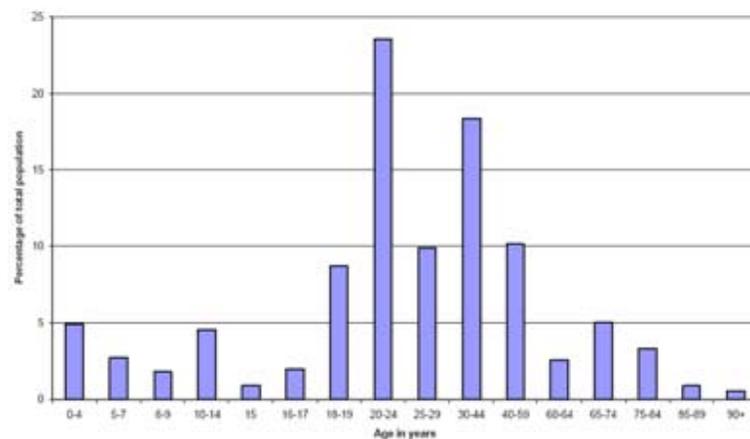
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Sharrow - South West of Sheffield City Centre



Census Data 2001: Age Demographic of Sharrow

The Issue in Sharrow

Cultural, economic and social tensions have played a role in the reduction of cohesion between the varying ethnicities in Sharrow (South West of the City Centre of Sheffield, in South Yorkshire), but a significant factor has been the barrier posed by language.

Developing English is central to facilitating social inclusion of non-English speakers, and positive relationships between them and other groups. The level of services currently available in Sharrow falls short of securing this.

Engaging with communities in other languages is crucial for tackling disadvantage and avoiding social exclusion and associated cohesion issues, but this fails to maintain a cohesive relationship between these communities beyond meeting their immediate needs. Services such as interpreting, translation and bilingual service staff play a key role in ensuring services can engage with, and understand and meet the needs of, non-English speaking communities, but a balance between the immediate communication needs of new arrivals and the longer term goals of language education for more settled communities needs to be struck.

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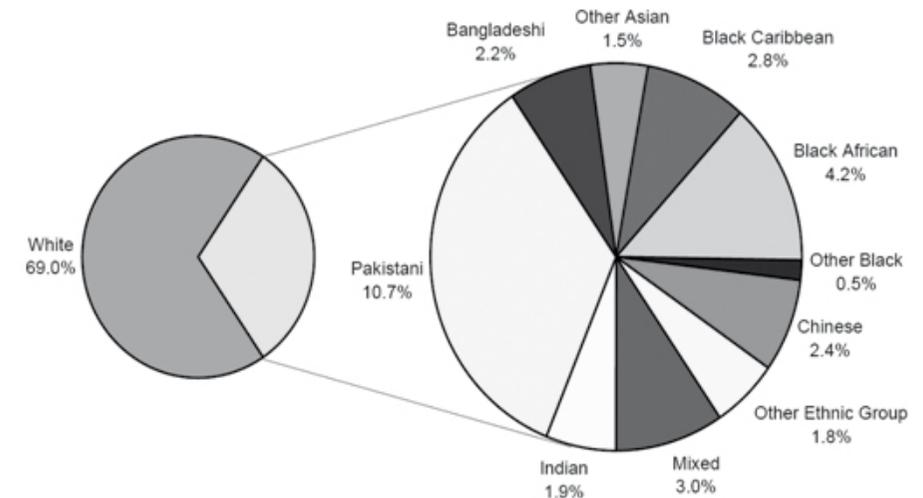
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An enterprise that facilitates meaningful interaction between people would be effective in promoting trust, awareness of commonality and positive relationships among participants. Admittedly, whilst this may have a limited positive impact in the wider community, it may be difficult to reach beyond the individual participants.

Previous social enterprising projects indicate that schemes that interest participants or build skills targeting specific individuals who have the most negative attitudes will have the most significant impact on cohesion extending the reach of the project beyond participants where possible, for example by including activities that might involve parents or friends of participants where tension exists between groups facilitating interaction gradually, and in neutral settings 'cooking', 'role-play' and 'sports' provide a cross-cultural platform for integration between groups where English will be the tool used for attaining a common interest.

Developing a sense of commonality between different groups is key for supporting trust, respect and positive relationships. In particular, approaches that focus on tangible and real life issues seem to work best.



Census Data 2001: Ethnic Composition of Sharrow

	Burglary rate per 1000 households	Robbery rate per 1000 population	Theft of a motor vehicle rate per 1000 households	Theft from a motor vehicle rate per 1000 households	Violence against the person rate per 1000 population	Drug offences rate per 1000 population
Nether Edge	37.9	0.1	10.6	34.5	2.2	1.0
Sharrow	65.2	0.7	37.2	104.4	13.7	8.7
Sheffield	29.1	0.2	16.8	38.1	4.9	2.7

Census Data 2001: Crime Rates in Sharrow in Comparison to Sheffield Average

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Vision :

'We aim to use food and the 'kitchen' to facilitate social cohesion within ethnically diverse communities. The communal language of food will help to break down the barriers caused by varying spoken languages within the community'

Objectives :

To create social inclusion and empowerment to ensure that individuals can use the community kitchen facility in order to contribute meaningfully within communities and with a sense of belonging.

The kitchen will facilitate meaningful interaction between community members. Interactions should be effective in promoting trust, awareness of commonality and create positive relationships among participants.

Interactive cooking activities among young people are important – they represent the future of the community, and include groups especially vulnerable to disengagement and antisocial behaviour.

A focus on supporting new arrivals to the kitchen is vital. Their lack of knowledge of the country and local area means they are among the groups most at risk from social exclusion.

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Brief Project Steps

Step 1 Establish a Kitchen

Both in terms of the need/location and infrastructure, these can come from a variety of sources such as; community centres, neighbourhood houses, church kitchens, apartment kitchen areas & school cooking kitchens.

This does not necessarily have to be a fully equipped kitchen in the traditional sense of the word; steps to develop an alternative kitchen are shown below;

- A. Get a kitchen starter kit from CKUK
- B. Buy your own equipment
- C. Borrow the 'floating' CKUK kitchen box while you source kitchen equipment through donations.

Information A-B sourced from
<http://www.communitykitchens.org.uk/startkitchen.html>

Step 2 Establish Host & Members

Someone to run and organise events, to ensure things run smoothly. The host does not need any special training, but they do need excellent communication and listening skills; tolerance and empathy for others' needs and desires.

Anyone can be a member of the community kitchen, enthusiasm and collaboration skills are preferable.

Step 3 Begin cooking

This is to be coordinated between the host and members, it will include basic training. The menu/recipes are to be agreed before each workshop with members taking it in turns to lead a workshop, using their own or other's recipes. Each member is expected to contribute something to the workshop whether it is finance, equipment or food.

Step 4 Begin selling/Freezing

The food can be sold in a variety of locations. Market stalls/the kitchens themselves/ local fetes & festivals/ schools. Alternatively the food can be brought home to freeze/refrigerate and eat at a later date.

Step 1 Initial concept formation and development (by Sheffield University Students), to establish the need and potential of such a scheme. To be completed as part of the University course.	Step 2 Submission of concept scheme to Unltd*, the work is to be developed between Unltd* and Sheffield University. Discussions to include the establishment of the initial brief, size of budget, target market/area (the kitchen), potential backers, future	Step 3 First launch event to advertise the scheme, to be coordinated by the backers. Key volunteers (the host) and members at grass roots are to be ascertained at event. The community kitchen from here,
Nov '08	Jan '09	June '09

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Budget

Budget summary – state duration of project and total project cost

Approx duration as below time table, the broad kitchen costs are to be as follows;

Kitchen cost

Prices given are per person.

Stove burner - Camping Gas Stove 2 Burner Hob & Grill - £44 (amazon)

Five piece saucepan set - £40 (Wilkinson's)

Parry 600 stainless steel prep bench - £119 (www.commercialkitchensdirect.com)

Kitchen Devil 5-Piece Knife Block Set - £31 (www.choiceful.com)

Host costs

To be volunteer based, with travelling and communication (phone calls etc) costs to be covered at a minimal rate. Guest speaker cost will vary with speaker.

Workshops

ESOL classes/workshops to be hosted by local schools (Silverdale etc). Sure Start to run a number of initiatives.

Marketing

Printing costs of around £50 to be allowed for general advertising and decorations

Food Funding

To be assessed on a case to case basis.

Chilli for 8

Beef mince - 4lb for £7

Chopped tomatoes - £1

Tomato Puree - £1

Assorted Veg - £5

Assorted Herbs and Spices - £5

Rice - £5

To be backed by users

with weekly run events organised by the Host and members. Food made through the community kitchen can be sold, with profits to be fed back into the Community Kitchen, or taken home for

consumption. The kitchen is to be used to encourage English use and social cohesion through a series of workshops that will work in conjunction with the community kitchen events.

: Step 4

: Further spin-off developments from initial community kitchen workshops, these include; Social Food Outlets, Work in Schools/Workplace and the publishing of a Community Kitchen Cookbook. These would all gen-

erate income which could, again, be fed back into the Community Kitchen.

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Feasibility in Sheffield

Potential Kitchens

Lansdowne Estate – Community Room

Potential Hosts/backers

- Local Level

Sheffield has nearly 22 local community forums ran by the local council. One of which is Sharrow Community Forum which includes Lansdowne estate within its remit.

- City Level

Sheffield First, a “family” of partnerships is a main strategic city-wide decision making body with ultimate responsibility for Sheffield’s Social Inclusion strategy.

Fair share - http://www.fairsharetrust.org/index.php/find_agent/details/27

Potential Funders

Public donations, corporate sponsorship, food sales, government grants. Local businesses would like to be part of the enterprise. Grow Sheffield.

Sheffield Council-

Small Grants for Small Groups

This scheme is aimed to self-help, voluntary local group / community.

For further information - <http://www.sharrowcf.org.uk/id38.html>

Further funding –

http://www.Unltd*.org.uk/useful_links.php?Section=Further%20Funding

Helpful Organisations - http://www.Unltd*.org.uk/useful_links.php?Section=Organisations%20supporting%20social%20entrepreneurs

Above websites obtained from Unltd*

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The website links shown below are 3 separate examples of community kitchen models that have previously been used to good effect.

- Community Food Enterprises Limited (CFE)

Community Food Enterprises Limited (CFE) is a charity in the London Borough of Newham, East London. Their main belief is the principle that access to food is a right, not a privilege. They achieve this by buying healthy fruit and vegetables direct from the wholesalers and selling it at affordable prices.

Their work includes the 'work in schools' scheme which delivers fresh fruits to nurseries and their social food outlets which sells affordable fruit and vegetable to the local communities

<http://www.community-food-enterprise.org.uk/index.asp>

- Fresh Choice Kitchens

Fresh Choice Kitchens (formerly the Vancouver Community Kitchen Project) works to create opportunities for people to cook together, thereby building community strength through food.

They have evolved their kitchens so they now embrace those with specific health needs – for example, people who have diabetes or are at risk for it, and those living with HIV/AIDS. There are multicultural kitchens, too, and ones for those with low income, or singles who enjoy cooking with others.

<http://www.communitykitchens.ca/main/?communityKitchens>

- Yeshiva – Our Big Kitchen

A community kitchen based in Bondi, Australia, their philosophy is based upon several key principles.

A Place

Where People Of All Walks of Life

Come Together

To Create Fun And Meaning

To Serve Others

To Help Them

In Times

Of Crisis And Celebration

<http://203.210.122.151/default.asp?action=article&ID=21553>